



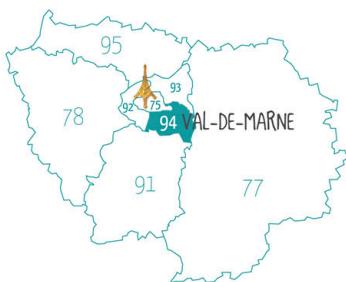
www.tourisme-valdemarne.com

VAL-DE-MARNE  
TOURISME & LOISIRS

VISITS, WALKS, EXCURSIONS IN THE SOUTH-EAST OF PARIS



#MonValdeMarne



Still looking for more inspiration?

Whether it be to organise your visits or simply to check out the must-do events calendar, click on

[www.tourisme-valdemarne.com](http://www.tourisme-valdemarne.com)

VAL de MARNE  
Département utile

VAL-DE-MARNE  
TOURISME & LOISIRS



#MonValdeMarne

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## VISITS AROUND CONTEMPORARY CREATION

A key site for contemporary artistic creation, Val-de-Marne was among the first to promote contemporary art by setting up one of its kind in the suburbs, the MAC VAL. This museum has an art collection of more than 2,000 artworks reflecting the art scene in France from the 1950s to today. The region abounds with art studios, art galleries, Centres of contemporary artistic creation, remarkable architecture and is proud to present a full programme of major festivals throughout the year.

### NOT TO BE MISSED

Musée d'Art Contemporain du Val-de-Marne - MAC VAL (Contemporary Art Museum) in Vitry-sur-Seine  
CREDAC (Contemporary Art Centre) in Ivry-sur-Seine

Maison d'Art Bernard Anthonioz - MABA (Art Centre) in Nogent-sur-Marne

Anis Gras - Le Lieu de l'autre (Art Centre) in Arcueil

Closerie Falbala by Dubuffet (listed Monumental Works of Art) in Périgny-sur-Yerres

Maison de la photographie Robert Doisneau (House of Photography) in Gentilly

### ESSENTIAL ENTERTAINMENT VENUES

Théâtre des Quartiers d'Ivry - Centre Dramatique National du Val-de-Marne (Theatre) in Ivry-sur-Seine

Gare au Théâtre (Theatre), la Briqueterie (Dance) in Vitry-sur-Seine

Maison des Arts et de la Culture - MAC (Arts and Culture) in Crétteil

## STREET ART WALKS



Vitry-sur-Seine has turned into a genuine open-air museum. The streets of the town have become a vast ground of expression for hundreds of internationally known artists : C215, Cope2, Bebar, Finbarr, Stew... Graffiti, stencil painting, mosaic and more, colour this urban landscape.

Many other towns in Val-de-Marne are encouraging street art to appropriate their walls such as in Ivry-sur-Seine or Fontenay-sous-Bois. You only have to wander through the streets to come across many works of art, whether it be at the corner of a building, along a wall, or on a letterbox. You can also enjoy a commented guided tour.

### NOT TO BE MISSED

Street Art Strolls in Vitry-sur-Seine and Paris (13e arr.)

[exploreparis.com/en](http://exploreparis.com/en)

## A JOURNEY TO THE HEART OF HISTORY

A stunning monument, the château de Vincennes was royal residence from the 12th to the 18th centuries. Enter the highest medieval dungeon in Europe and retrace the history of the castle, from the apartments of Charles V to the prison life of famous inmates. Take time to stroll around the town labelled City of Art and History and go for a walk in the Bois de Vincennes.

Cross the boundaries of time by plunging into the history of the Napoleonic Empire at the château de Grobois or by exploring museums which chronicle life as it was in the 19th century, the 1930s or learn all there is to know about the National Resistance.

### NOT TO BE MISSED

Château de Vincennes (Castle)

Château de Grobois (17th Century Castle) and Horse Trotting Museum in Boissy-Saint-Léger

Musée Fragonard, Veterinary Museum and « Flayed figures » in Maisons-Alfort

Museum on the Resistance in Champigny-sur-Marne

Diorama de Daguerre (Light-Changing painting) in Bry-sur-Marne

## HAVE FUN AT THE WATER'S EDGE

Known more familiarly as the "water department", Val-de-Marne offers a multitude of leisure activities at the water's edge. A constant inspiration for countless writers, painters, singers and filmmakers, the riverbanks of the Marne and the Seine are the perfect setting for a pleasant day out.

Go for a family cycle along the banks, observe the local flora and fauna, enjoy a glass of white wine in one of the "guinguettes" (a sort of riverside tavern with music and dance), admire the Art Deco villas, or simply try out some of the many water sports... these are just some of the activities awaiting you.

### NOT TO BE MISSED

Marne and Seine riverbanks, boat excursions and ferrymen

Guinguettes (traditional riverside music and dance restaurant): guinguette de l'île du Martin-Pêcheur in Champigny-sur-Marne, Chez Gégène in Joinville-le-Pont and guinguette Auvergnate in Villeneuve-Saint-Georges

Water-based activities (canoe, kayak, stand up paddle, water skiing)



## ESCAPE INTO NATURE

Without a doubt, Val-de-Marne has a pronounced taste for green nature. The Bois de Vincennes and Notre-Dame or Grosbois forests, the Marne and Seine riverbanks, the departmental parks and natural spaces, a haven of pure pleasure offering a variety of ways to relax, practise sport and enjoy leisure activities.

The Roseraie du Val-de-Marne - rose garden, boasts the largest living collection of roses with more than 2,900 varieties, the perfect way to discover the evolution of the rose. The promise of a colourful and scented journey...

### NOT TO BE MISSED

Roseraie du Val-de-Marne (Rose garden) in l'Hé-les-Roses

L'île de loisirs de Crétteil (Leisure activities) in Crétteil

Bois de Vincennes (Vincennes Woods): tropical garden, parc floral, lakes, Paris Zoo, etc.

Notre-Dame Forest

La Tégléval (Nature walk)

Orchid greenhouse in Boissy-Saint-Léger

## WALKS AND RAMBLES

Val-de-Marne offers a multitude of walking or cycling tours suitable for all levels. Along the banks of rivers, in an urban or rural setting, in woods or forests, starting out from Paris or from a metro... find out what's best for you by clicking on

[www.tourisme-valdemarne.com](http://www.tourisme-valdemarne.com)

Also,

On foot: several long-distance footpaths - GR®, GR Pays® and short-distance footpaths - PR® are preserved by the Fédération Française de Randonnée Pédestre (French Hiking Federation).

By bicycle: the EuroVelo 3 route, named the « Pilgrims Route » runs from Scandinavia to Spain passing through Paris. In Val-de-Marne, this European route follows the river Seine. Note also the bicycle service stations set up along the quays at Choisy-le-Roi Port on the banks of the Seine.

### For more information:

Comité Départemental de la Randonnée Pédestre du Val-de-Marne  
val-de-marne.frandonnee.fr

Comité Départemental de Cyclotourisme du Val-de-Marne  
codep94-fctt.org

FFRandonnée  
les chemins, une randonnée à deux  
Val-de-Marne

CODEP 94  
CYCLOTURISME

## FAMILY OUTINGS

Val-de-Marne never forgets the family and offers countless things to do. Museums at play (MAC VAL, Château de Vincennes with its family app, Musée de Nogent, etc.), creative workshops to unveil hidden talents, the zoo and educational farms to discover nature, pony rides and many other leisure activities to delight big and small.



Not forgetting Exploradôme: the museum for scientific discovery and digital innovation where you MUST touch! You will never be short of activities to do with the family!

[exploreparis.com/en](http://exploreparis.com/en)

## UNUSUAL VISITS

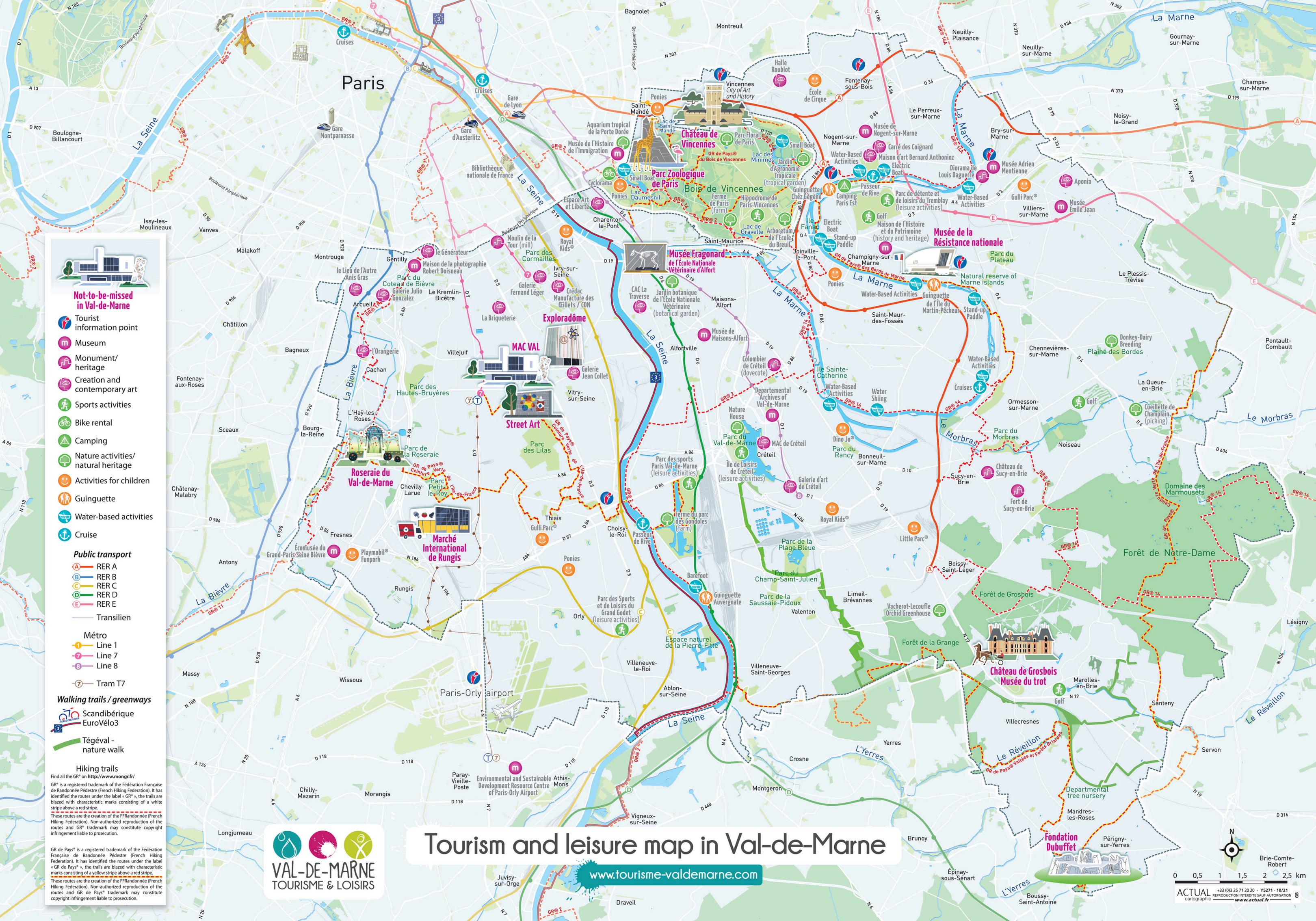
Take a fresh look at Val-de-Marne; venture off the beaten track and meet up with the locals eager to share their knowledge with you. All year round, push open the doors of the

private sites by signing up for exceptional visits and novel excursions: company visits,

water-based activities, activities for children, nature outings, excursions, guided tours, exhibitions, festivals, etc.

### NOT TO BE MISSED

Behind the scenes at Rungis Market, Orly airport, visits to château de Grosbois and fort de Sacy, excursions on the banks of the Marne and the Seine, cruises, visits to artisanal workshops, street art and urban walks, guided tours of exhibitions...



## Tourism and leisure map in Val-de-Marne

[www.tourisme-valdemarne.com](http://www.tourisme-valdemarne.com)



- Tourist information point
- Museum
- Monument/heritage
- Creation and contemporary art
- Sports activities
- Bike rental
- Camping
- Nature activities/natural heritage
- Activities for children
- Guinguette
- Water-based activities
- Cruise

### Public transport

- RER A
- RER B
- RER C
- RER D
- RER E

Transilien

- Métro
- Line 1
- Line 7
- Line 8

Tram T7

### Walking trails / greenways

Scandibérique

EuroVélo3

Tégéval - nature walk

### Hiking trails

Find all the GR® on <http://www.mongr.fr/>  
GR® is a registered trademark of the Fédération Française de Randonnée Pédestre (French Hiking Federation). It has identified the routes under the label « GR® », the trails are blazed with characteristic marks consisting of a white stripe above a red stripe.

These routes are the creation of the FF Randonnée French Hiking Federation. Non-authorized reproduction of the routes and GR® trademark may constitute copyright infringement liable to prosecution.

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These routes are the creation of the FF Randonnée French Hiking Federation. Non-authorized reproduction of the routes and GR de Pays® trademark may constitute copyright infringement liable to prosecution.

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